



carinya society

CARINYA SOCIETY

ANNUAL IMPACT REPORT

2016

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CARINYA'S MISSION & VALUES

MISSION

To provide outstanding services to individuals with a disability that facilitates choice, and supports and values each individual as an integral part of the community in which they live.

VALUES

Carinya Society seeks to develop a culture of strength based practice and person centeredness which is underpinned by:

1. Respect
2. Accountability
3. Transparency
4. Continuous Improvement
5. Quality

In order to achieve the best possible outcomes for people with disabilities, Carinya Society will focus on how they can contribute to the following priorities:

- Provide sustainability of service through leadership excellence, quality processes, brand identity and strong financial management.
- Ensure quality service provision through a commitment to best practice methods and compliance with quality frameworks.
- To work with others to create inclusive communities where people of all abilities are welcome.
- To value the individual and their abilities before their disabilities.



INTRODUCING DYLAN

Dylan

Participant of Carinya.

At 8 months old Dylan had open heart surgery. During the surgery he had a blood clot to the brain and a seizure. His family was told he would never walk again. Dylan defied the odds, and can walk with a walking frame. He can't talk but has determination and passion.

After years at school, Dylan's family found making the next step of Dylan's life journey quite difficult. They wanted to find a place Dylan felt comfortable and happy. A place he would be challenged and cared for. That place was Carinya.

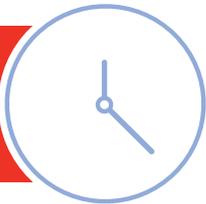
John says "As soon as we walked in we got that feeling. It just felt right. Everyone was so friendly and welcoming, all the participants seemed busy and happy. We just knew straight away, this was it. As Dylan can't talk, we can only go by his expressions and his actions. Dylan travels each day by Taxi to Carinya. He waits patiently by the door and as soon as he sees the taxi pull up he is out the front door and ready. We know that means he can't wait to get there."

Katherine says "If he comes home dirty and happy, I know he has had a good day. We love the communication book that Carinya uses. It means we can communicate with Dylan about the things he did during that day. Even though he can't talk, it helps us engage with him about his day. We all appreciate that."

IMPACT OF 2016

\$104,745

Received from Grant & Philanthropic Trusts

1556 

Hours given by volunteers

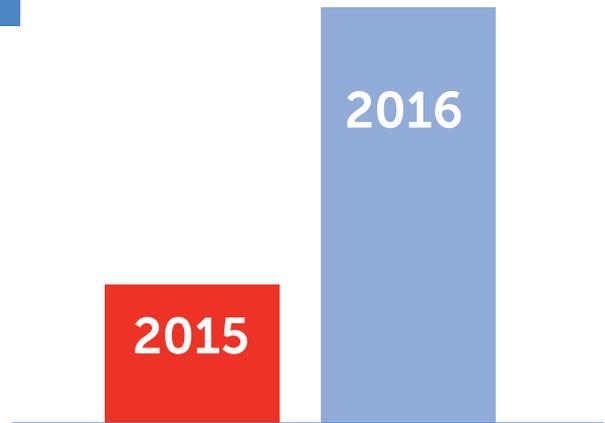
104 

Participants

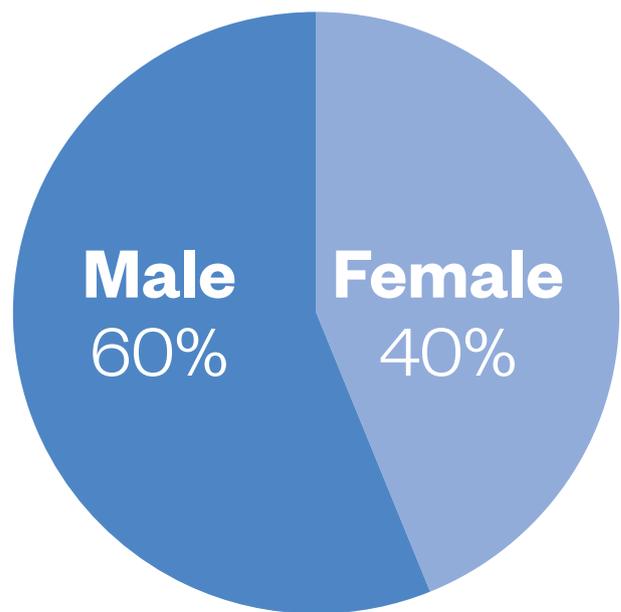
42

The average age of Carinya participants.

37 
The number of suburbs Carinya participants travel from.



TAFE Enrolments



Gender of participants

CHAIR'S REPORT



I welcome this opportunity to present my first report on behalf of the Board of Directors of Carinya Society.

I would like to start by thanking our Board Directors and Trustees who have volunteered their time, experience and expertise, our Chief Executive Officer, our dedicated administrative, client services, and ancillary staff members and volunteers who have supported Carinya over the past year.

MAJOR ACHIEVEMENTS FROM THE YEAR

The Board believes that Carinya Society is well placed to financially and organisationally address all aspects of the implementation of the National Disability Insurance Scheme.

- Development and delivery of individualised and person centered planning programs continues to proceed effectively and efficiently. Future services will continue to be cost effective, meet participant needs, and be responsive to the changing nature of service delivery.
- Carinya's accreditation with the International Standards Organisation and the Department of Health and Human Services has been maintained following a surveillance audit in June that revealed no NON compliance issues. During the year Jim Mackenzie was appointed to the Quality Advisor position at Carinya.
- The 2015 – 2018 Carinya Society Strategic Plan was developed and published and is being implemented. Further work will ensure that all aspects of the plan align with day to day practices.
- Participant enrolments at Carinya are at an all-time high.

- Facilities have been maintained and upgraded. Bathroom renovations and associated works have been completed at Nelson House. The Kelson Annexe bathroom, toilet facilities and kitchenette are about to undergo extensive renovations. Corporate entities and a local church community provided generous assistance to paint buildings rejuvenate garden areas.
- The Board recognises the generous donation of \$20,550 from Real Estate Agent, Nelson Alexander, which represented the commission from a house auction.
- Donman, a donor management tool, was introduced. Pip Hunt replaced Maxine Miller as Fundraising Manager. Pip will continue to develop the fundraising program. Over \$ 104,745 as received from charitable trusts and foundations for the 2015 - 2016 financial year.
- The Board congratulates members of the Carinya Catering Crew who continue to provide the weekly meal at the Rotary Club of Coburg.

Carinya Foundation

Chair, Dr Leo Foster, Ed Woods and Robyn Waters

The Foundation Committee has met regularly and continues to support the organisation wherever possible. A financial donation was made by the Foundation towards the Kelson Annexe renovations. Valuable advice and assistance was provided by Robyn Waters to ensure that the house at 12 Bellevue Street could be renovated and leased; thereby raising much needed funds.

Finally, I personally, would like to thank Ms Debbie Mitchell, Chief Executive Officer, for her expertise, commitment and outstanding leadership of Carinya Society during a challenging year.

Colin McKenzie

Chairperson

CARINYA'S HIGHLIGHTS



Nelson House Bathroom Renovations took place. Funding from grants and individual donors ensured this vital projects completion for all residents.



21 works of art were entered in the prestigious Whittlesea Art Show. Carinya Society participants had fantastic success, winning Best Exhibit (this piece has formed the base for our annual report), first prize, 3 second prizes, 3 third prizes, and 6 highly commended awards.

2015

JUL

AUG

SEP

OCT

NOV

DEC

NDIS Preparations

After 2 years of planning, the NDIS rollout is nearing implementation. Direct care staff will continue to work alongside participants and their families. The professionalism and care taken by all staff, board members and management to prepare thoroughly for the impending rollout is exceptional and ensures the best start possible to the program.

The Carinya Client Newsletter began. The Voice of Carinya is written and edited by a talented group of 6 participants. The group meet regularly to discuss the content and layout. The newsletter aims to create social interaction amongst participants as well as inform and create a sense of inclusion for all. Everyone is encouraged to submit photos and stories.

The Annual Relay for Life is a chance for communities to recognise and celebrate those who have overcome cancer or are undergoing treatment, as well as the people who care for them. Carinya's staff and participants once again came together to be part of this great event.



Successful maintenance assessment for 2016. No non-conformances (improvements) found and a recommendation by our external certification provider HDAA to continue our certification to the Health Services and ISO9001:2008 Quality Management Standards.

JAN

FEB

MAR

APR

MAY

JUN

Carinya's Appreciation Survey was conducted by an external organisation. The Appreciation Survey was a great initiative and the results confirmed Carinya offers a fantastic service, with strong client loyalty and satisfaction. Staff are well trained and go above and beyond for participants and families.



Carinya was selected to be part of the Annual Nelson Alexander Foundation Day. The professional fee from the sale of 9 Beckley St, Coburg was donated to Carinya Society to support the upcoming renovation plans in the Kelson Annexe Building. Carinya was featured in the local Leader newspaper.

CEO REPORT



The last 12 months have been some of the busiest at Carinya. Our board and staff at all levels have been working diligently preparing for the transition over to the NDIS. All this hard work is now coming to fruition, with the rollout for the North commencing during 2016-2017 year. The process will no doubt encounter some initial teething issues and we have put the necessary measures in place to be well equipped to handle these.

True to our mission this year has seen our staff, volunteers, parents and families all come together to provide outstanding services for our participants. This was reflected in our first independent client appreciation survey that we recently undertook. With a 64% net promoter score, we are thrilled Carinya families are not only loyal but pleased with the programs and services we offer. This year we will continue to work hard to ensure that this percentage increases and that we can offer the best possible services, programs and facilities to all our participants and their families. I would like to thank everyone that participated and contributed to the overall feedback of Carinya.

Carinya was pleased to cultivate some important workplace partnerships with several corporates and local community groups this year. Volunteers from Worksafe volunteered a day of work to come and help paint the administration building, and The Glenroy Ward of the Church of Jesus Christ of Latter-Day Saints volunteered their time to do an enormous spring clean and paint the grounds during Spring. We are always looking for groups (or individuals who would like to volunteer) and would love to hear from you if you are interested.

We continued our excellent relationship with Rotary and were excited to be nominated in the Rotary Southern Districts Shine On Awards.

Financially it has been a strong year of support from local businesses, individuals and Philanthropic Trusts and Foundations. Carinya Society continues to seek financial support from many Philanthropic Trusts and Foundations each year to assist with ensuring our residents, participants and staff

have the opportunity to enjoy well maintained and resourced properties and services. This year we have been successful with securing funds for upgrades to Nelson House bathrooms and funds for the proposed upgrade of the Kelson Annexe Building (which we hope to commence by the end of this year.) Many of you contributed to our appeal in June for which funds will be used to support the Kelson Annexe Renovation. We are truly grateful for your ongoing support.

Carinya acknowledges the support of the following Trusts and Foundations;

ANZ Staff Foundation	\$5,000
Carinya Foundation	\$3,000
Collier Charitable Fund	\$20,000
Grosvenor Foundation	\$10,000
Holy Trinity Opportunity Shop	\$2,000
Moreland City Council	\$4,870
Nelson Alexander Foundation	\$20,550
Perpetual Trustees	\$20,000
The William Angliss Charitable Fund	\$2,000
The Marion & E.H Flack Trust	\$14,325

I look forward to another great year at Carinya. The strategic plan is well underway, and we are successfully achieving the milestones in the first of the three-year plan. We have strong foundations in place and we will continue to build on these, to support and value each of our 104 participants.

Debbie Mitchell
 Chief Executive Officer



CORPORATE SERVICES, QUALITY & OHS



CORPORATE SERVICES

This year has seen Corporate Services dedicate much of its time preparing for the implementation of the NDIS, including the installation of additional software to our client database which has enabled us to claim directly from it to the NDIS Provider portal. We have registered Carinya as a Service Provider with the NDIS and for the My Place Provider Portal. Of course we encountered some initial teething issues, but this is something we are continually working to overcome.

The first roll out of our participants is scheduled for 1st July, 2016 with 33 of Carinya's participants involved. The remaining participants will join the scheme over the next 3 years. To ensure a smooth rollout we have been attending information sessions and seminars to ensure we are up to date with the most relevant information which is then circulated to all our parents/carers.

In March 2016 we welcomed Jim Mackenzie to the position of Quality Improvement Advisor after the resignation of Melissa Pool. Jim has settled in quickly and streamlined many of our existing policies/procedures to ensure that we are able to operate as efficiently as possible in the new NDIS environment.

Our commitment to provide well maintained building and equipment continues to warrant financial support. One of our major works was replacing some of the roof in the Barry Waters Wing. The Administration Building also underwent a revamp, courtesy of a team of volunteers from Worksafe. The volunteers assisted the Management team to paint the Administration Building.

As always Transport services at Carinya are still much in demand for both existing participants and new participants commencing at the Centre. This was evident at the beginning of January when we had 7 new participants take up vacancies within our transport runs. Whether we provide transport is still one of the first questions asked by potential new participants and to this end we are reviewing our transport to ensure that it remains a viable service in the NDIS environment.

Joanne Francis
Administration Manager



QUALITY AND INNOVATION

I had the pleasure of joining the organisation in March 2016 and found a solid and mature quality management system, supporting a very person-centred service delivery program.

My focus (and my passion) has been one of continuous improvement and ensuring our processes and systems result in quality services for participants. The tremendous work of all staff was validated by an external assessment in June 2016 by our certification provider HDAA, which resulted in NO non-conformances (improvements) being found. A recommendation to continue our certification to the Health Services and ISO9001:2008 Quality Management Standards was announced with some of the strengths noted included service delivery in general and our mature governance and quality management systems. ISO 9001 is a standard that sets out the requirements for a quality management system. It helps businesses and organizations to be more efficient and improve customer satisfaction.

Importantly, both participants and staff feedback from recent surveys regarding Carinya Society's services was very positive which no-doubt reflects the constructive and supportive culture of this organization and its people and the quality of the services it delivers.

I look forward to further moving forward over the next 12 months to consolidate, further refine and in many ways simplify, our Quality Management System in readiness for the NDIS and to aid our transition to the new ISO9001:2015 Quality Management Standard. The achievement of which I believe will set us apart from many other similar disability service providers.

Jim Mackenzie
Quality Improvement Advisor



OH & S

As an OH&S Officer at Carinya Society, it is my duty to ensure the health and safety of our employees, contractors and visitors. Health and Safety Management Arrangements (HSMAs) have been developed in consultation with employees. The HSMAs determine the operation of the OH&S Committee, including formation of designated work groups and the nomination and election process of health and safety representatives.

OH&S Committee oversees Carinya's work practices to ensure we are safe and align with workplace safety guidelines. The committee ensures employees receive suitable OH&S training and makes recommendations on OH&S matters. The committee includes both management and staff representatives.

The OH&S plan sets out an agenda for continued improvement of OH&S by identifying workplace hazards, assessing and controlling risks to health and safety, and preventing workplace injuries.

All staff undertake mandatory OH&S training each year.

Some of our OH&S initiatives include

- Training health and safety representatives to improve their ability to identify hazards, and assess and control OH&S risks
- A structured hazard inspection program for all work areas
- Providing a confidential counselling service through an employee assistance program
- Wellbeing Policy/Guideline. Carinya is focus on health for employees, surrounded by wellbeing policy/guidelines which includes initiatives such as health awareness around work, food and exercise in and outside of Carinya

Ajay Jaimangal
OH & S Officer



INTRODUCING JANINE

Janine
Carinya staff member

Janine has been part of the Carinya Staff for 10 years. She works with the team at Carinya's Residential Home, Nelson House. As a disability support worker, she assists residents with personal care, their shopping and self-help skills. But there is so much more than that.

Janine has seen a lot, she remembers when Nelson House used to be a respite house, and today says that the residents feel like family to her. "They all miss each other when they are away" she says. "For me, the residents are like family. They are all very special people. We all have such a personal connection; it is far more than just a job to me. We celebrate birthdays and social occasions, we eat dinner together and we enjoy each other's company. They are a really great group.

FUNDRAISING



In April this year I joined the team at Carinya to manage the Fundraising and Marketing aspects of the organisation.

My main goals are to increase the funds available for Carinya Society to enhance the experiences for our participants and to further connect Carinya Society with the local community.

Earlier in the year we were thrilled to be selected by Nelson Alexander Foundation as a partner and be awarded over \$20,000 at the auction of one of their properties. This money was allocated to the impending Kelson Annexe Bathroom Renovation. To top it off, we were featured in the Moreland Leader which was great for our profile and public awareness.

Our appeal campaign for the Kelson Annexe Bathroom Renovation in May was a great success. We really appreciate your support in these appeals. Due to many generous donations from families, the public and local business, we are another step closer to our goal. Thank you for your support. We cant do it without your help.

In the coming months you will receive a bi annual newsletter – Carinya Community. I hope that this helps to keep you up to date about the amazing work that is being done at Carinya and the fantastic opportunities we have to look forward to.

Before Christmas we are looking to design and implement a major upgrade to the Carinya Website, making it much more user friendly for both the local community and current families.



We recently activated an online donation platform, Givenow. This means that we can now accept credit card donations online so you can donate at a time suitable to you. We also have created an official Facebook page which we use to communicate with the local community, families and staff. If you have not already liked the page, I encourage you to do so.

I would like to thank Tim, from The Pod Media for all this work this year in Graphic Design. There are a number of other supporters I would like to thank, who are listed on page 19.

I am really excited what next year holds for Carinya. It will see the implementation of a number of new programs, including a regular monthly giving program, a bequest or legacy giving opportunity, volunteering and corporate volunteering partnerships and increasing our awareness in the local community.

If at any time you would like to have a chat about any of these programs, or you would like to hold a fundraising event for Carinya Society, I would love to hear from you.

Pip Hunt

Fundraising Manager



INDIVIDUALISED SERVICE -DAY SERVICE

This year Carinya has been a hive of activity. 12 months ago we were supporting 95 individuals, now we have 104 individuals participating in some of the 75 programs we run per week.

As part of the dedicated team, our staff don't tend to notice the impact that they are making on our participant's day to day lives. Things that may seem small to you or I can be a major accomplishment in someone's life. A couple of highlights include Ann encouraging Nathan back into the pool, after weeks of uncertainty Nathan now loves his swimming program once again, an individual using an adapted switch to make smoothies in a cooking program or Chris, Marc, Caitlin and Marius requiring additional work at TAFE as they have completed all set work in their current modules.

Currently we can offer several community based volunteering opportunities. These opportunities provide Carinya participants with a sense of community, and also a feeling of self-worth and respect. Not only does volunteering help connect our participants to the local community, it provides the bonus of skill development, socialisation and importantly everyone has a great time.

Every second Tuesday Jessica, Aaron, Annette, Amanda and Bridgete have been volunteering at a Child Care Centre in Sunshine. This project was first initiated by the Child Care Centre as they wanted the children to work alongside and learn from individuals with disabilities. They have been growing vegetables, teaching the kids about healthy eating and where fruit and vegetables come from. The vegetables have been used in cooking and the group often use the produce to make lunch with the kids. The kids really look forward to the visit and the boys particularly love hanging out with Aaron.



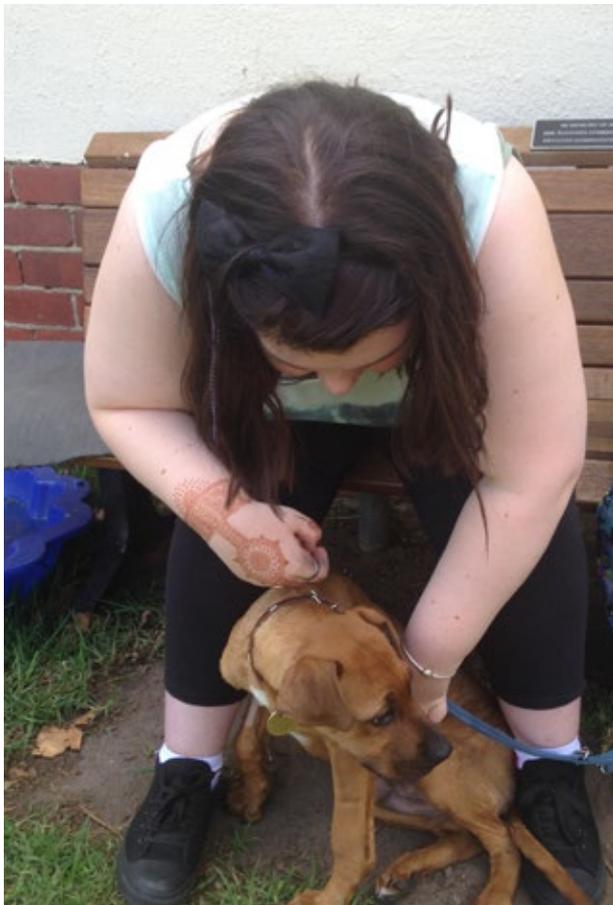
On various days across the week several individuals are involved in volunteering for Food Bank. John, Peter, Annette, Aaron, Jessica, Sophia, Patrick, Antonella, Melanie, Hayley, Laura, Nes, Fiona and Bridgete travel to Tullamarine where they are able to load up the van with parcels of food and then deliver the food parcels to the allocated homes. The parcels are delivered to people who are in need. Last year alone, Food Bank provided enough food for over 40 million meals Australia wide.

Coburg Football Club have welcomed us back for yet another year of volunteering. Andrew, Marc, Justin, Dean, Lawrence and Jeff head down to the football club every Monday. There they help out around the ground ensuring that the stadium is neat and clean. They embarked on a major project this year painting the steps and seating in the stadium so it was ready for the beginning of the 2016 season. They guys did a fantastic job.

For the past 4 years a group of individuals from Carinya have been volunteering at Lost Dog's Home in North Melbourne. Currently Hayley, Laura, Amanda, Sophia, Mel and Fiona are volunteering on a Tuesday. They help the Lost Dogs Home by socializing, exercising and playing with the shelter dogs and cats that are up for adoption.

Every Wednesday Sean, Dennis, Justin, Stan, Peter, Charlie, Marc and Mark restore donated bikes as part of the Bikes For Humanity Program. In the past year the guys have brought over 30 bikes back from disrepair, so that someone in Africa has a new mode of transport or can gain employment through the program. Our participants are all very proud of the hard work that goes into repairing each bike. Once they are in working order, the participants will take the bike for a test spin, as a part of their quality assurance.





Carinya was pleased to be able to exhibit our wonderful programs to potential families through several Expos. These included The Hume Expo, the Northern Expo and the Valid Our Choice Expo. Carinya's services were extremely well received.

This year we welcomed back student placements. In the past we have found student placements to be beneficial, not only for the students, but for our staffing team and participants.

With the NDIS upon us, a lot of background preparation has been undertaken. Several information sessions have been held with families and carers, information has been dispersed to those that are in the first catchment area and staff have been receiving information on what to expect with the changes that the NDIS may bring. As with everything new, we don't have all of the answers, especially with information that we receive changing often. With that said, if anyone has any questions we are more than happy to help and if we don't know, we will endeavour to find the answer for you.

We would like to thank the Day Service Team for all of their hard work and dedication. Without all of their support, none of these great things could happen. We would also like to thank our fantastic volunteers especially, Pat and Vincenza who provide such invaluable support to us.

Thank you .

Skye Hardman

Client Services Manager – Day Service

Kacie Graham

Assistant Manager – Day Service



RESIDENTIAL & RESPITE CARE



RESIDENTIAL

This year has brought about some internal physical changes to the residential home known as “Nelson House.”

Two internal doorways were widened and two bathrooms and the laundry toilet were completely gutted and re-designed to cater for the safety and changing needs of our current residents and also looking towards future requirements. This was done in two stages, which took approximately six months. Like any project, there were a couple of hiccups that increased the timeline, but the important thing was that the residents were able to remain in their own home and with minimal disruption. The Company that won the tender were very professional in their approach to the physical restrictions that were required to be in place for health & safety of all concerned. Also the tradesmen generally worked within the time that residents were away from the house. This helped the residents, who coped very well, with minimal disruption to their lives. They now enjoy the benefits of new and bigger bathrooms and the staff have an improved and safer facility in which to support the residents.

Some time ago DHHS completed a Fire Safety Audit at Nelson House and identified works that were required to be done for compliance with Fire Risk Management. In August these works were approved and commenced immediately. The residents are very happy with all of the improvements, which made for great conversation.

Residents have been keeping busy throughout the year, with weekends spent going to the pool for therapeutic exercise activity and also for enjoyment, to the movies, dining out, visiting various parks and garden, personal shopping and banking. A lot of time has also been spent in the back garden personalising it with their own plants and craftwork. It is a work in progress and becoming a very colourful and inviting environment. During the week, Neville & Mariza attend the local Neighbourhood House in the evening to engage in Mixed Media and Craft classes. All residents are involved in the house shopping, and whatever else they request. For one resident, intense physiotherapy became

a part of her life twice weekly for several months to assist to maintain her mobility. This was reinforced at home in the evenings where staff ensured her physio program was followed on a regular basis. This also led to a small area in the house being set up as a mini-gym where all residents can spend time exercising, just for fun or with a specific purpose.

In September, Denise celebrated her 60th birthday and as it was during the Carinya holiday break, a special lunch was put on at home and invited guests attended to celebrate. Denise was overwhelmed and brought to tears with all the attention, but they were tears of joy.

For a third year, all of the residents registered for the Cancer Council’s “Moreland Relay for Life” This fundraiser provided them, not only a fun way to exercise, but the positive interaction with other members of the local Community and a way of helping others.

On a sadder note, Buckley the resident’s 13 year old cat became very ill and had to be taken to the vet, where after an overnight stay he was euthanised on the Vets recommendation.

The residents sat down at home with the staff and were given the news. They were then given a potted flower each which they took out to a designated garden area where a rock had been placed that was to be Buckley’s Memorial area. There have been many chats about Buckley but all residents know that his special place is in the garden and often a resident can be found outside standing at the garden bed or commenting that Buckley is there.

The Community Visitors have visited Nelson House during the year and spent a significant amount of time with staff, talking and going over paperwork etc and engaging with the residents. The reports have been really positive, with the “staff and Carinya Society being congratulated on a well run house.”

Throughout the year all residents had their own individual





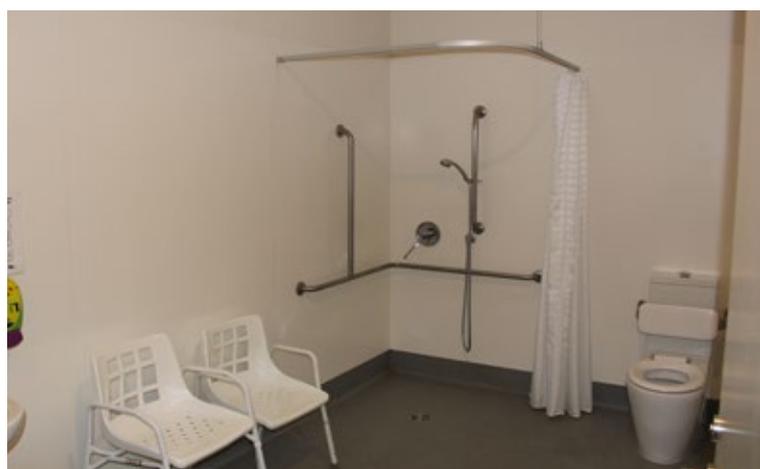
supported holiday and came back with a photo album and lots of stories and smiles. These albums appear from their rooms regularly for comment and continue to be enjoyed.

Staffing hours increased to support residents who have required hospital stays or spent time at home due to illness so it was necessary to increase staff numbers to cover such occasions. This year we were fortunate enough to induct three casual staff, to work at Nelson House which also enabled the smooth running of the house whilst Manager was on Long Service Leave and the Team Leader stepped up into the role of manager. At the same time another staff member was on leave. These staff have proved invaluable and we hope they will continue to support the staffing of Nelson House.

I would like to thank the Residential Team, Paulene, Janine, Bridget and David for their ongoing commitment to the residents and to the organisation and I hope this will continue for a long time.

Anne Grattidge

Client Services Manager -
Residential and Outreach Service



RESPITE FOR OLDER CARERS PACKAGES

This year there has been some movement amongst the participants who are receiving the packages, some due to moving into supported accommodation and no longer being eligible. Part of their funding was successfully used to support them in the transition from their previous home to their new home.

Unfortunately one package was surrendered due to the death of a much loved participant.

These vacant packages have been reallocated to families who meet the required criteria. Other participants are continuing to use their package to engage in Community Respite whilst gaining a level of independence to enjoy many and varied aspects of community life that we take for granted. Some other participants are using natural supports within their exercise and dance classes at their local gym. It is so positive for them and for the families to realise some of their dreams and it is hoped that the practice will be supported by the family to further promote community independence. Another participant is being picked up after competition bowling and enjoying lunch and various other activities. A new participant is developing a rapport with different store holders at a local shopping centre and learning to be more independent and developing appropriate social engagement skills.

Unfortunately a family crisis developed for one of the participants and this ROC package was beneficial in supporting the family unit.

The group activities continue to be popular during the holidays and provide a break for families and the opportunity for the participant to socialise with their peers.

Anne Grattidge

Client Services Manager -
Residential and Outreach Service

GOALS FOR 2017

CLIENT SERVICES

- Successfully transition participants in the North over to the NDIS
- Grow service delivery to school leavers in the local community
- Exceed client appreciation
- Continue to provide excellent building and facilities for all service users,
- Complete the Kelson Annexe Renovation.

FINANCIAL

- Review and assess infrastructure costs within the scope of NDIS service delivery

INTERNAL PROCESSES

- Ensure adaptation of systems and processes to meet the NDIS

LEARNING AND GROWTH

- Ensure all employees are fluent with the NDIS changes as they take place

HOW YOU CAN GET INVOLVED

There are lots of ways that you can be involved at Carinya Society. For example, you could consider:

- Volunteering as an individual or through your workplace.
- Donating to Carinya Society's appeals if you are able.
- Joining our Carinya Facebook Community, share and like our posts.
- Organise a Community Fundraising activity with your friends and family and donate the funds to Carinya. For example, you could organise a bake sale, enter a fun run or ask for a gold coin donation at a home movie night.
- Becoming a regular monthly donor, donating a set amount each month to continue the amazing work Carinya does.
- Giving us a call to provide feedback.

INTRODUCING VINCENZA

Vincenza

Volunteer

Over 4 years ago, local resident Vincenza saw an advertisement in the Leader asking for Volunteers. With no association to Carinya or the people there, fast forward 4 years and Vincenza is now an integral part of the team. Vincenza help is critical to the instructors in the art program. "Wow, Vincenza does so much in the art room. She supports the guys with anything they want to do. Whether that be framing the artworks, tacking together fabric paintings, cleaning anything. I really appreciate her help and support" says Ann the Friday Art Instructor.

Vincenza says "I don't know why I decided to volunteer. I think I just wanted to know what it felt like, so I tried it. I now can't imagine what I would do if I didn't volunteer at Carinya. I love all the people so much; it is what keeps me going." Vincenza says her highlight for the year was when all the artworks made it to the Whittlesea Show. "I can learn so much from all the participants, even though I have no background in art, even if I just sit with them I know I can make a difference."



BOARD COMPOSITION



Mr. Colin McKenzie
Chairperson



Mr. John Hoffmann
Deputy Chairperson



Mrs. Amanda Burgess
Treasurer



Mrs. Rosemary Freeman



Mr. Nino Galgano



Mr. Lucas Galgano



Mr. Michael Keehan



Mr. Ivon Lofts



Mrs. Sarah Thompson

VALE

Carinya acknowledges that at the heart of our organisation are the people and more importantly the individuals we support day in and day out, as well as their families. We would like to offer our condolences for the passing's last year.

Mr. Ricci

Mrs. Beretta

Mrs. Athaide



OUR SUPPORTERS

We would like to thank the following supporters for their ongoing support throughout the year. Your contribution to our programs and services is wonderful. A special thank you to Tim Joiner from the Pod Multimedia for his contribution to the annual report and other graphic design elements throughout the year.

Astro Graphics .

Bendigo Bank – Coburg Branch Staff

Bikes for Humanity

Carlee Holmes- Physiotherapist

Coburg Rotary Club

Department of Health & Human Services – North and West Division

Eltham Catholic Girls College

Frank Ortolan Architect

Foodbank Northpoint

Greensborough Watermarc

Harding St Medical Centre

Kangan Institute

Loyola College

Merri Health

Moreland Rotary Club

Partners Wealth Group

Pascoe Vale Rotary Club

People Outdoors (Vic Camps Association)

Pharmasave Pharmacy - Coburg

Rick Allen

Salvation Army Northcote

South Morang Community Luncheon

T & F Automotive

The Lost Dogs Home North Melbourne

The Meadows Greyhounds

The Pod Multimedia





Cover design based on Demetrio Ciardulli's winning Artwork at the 2015 Whittlesea Show.



Address

**10 Bellevue Street
Coburg
PO Box 175
Pascoe Vale South 3044**

Telephone

(03) 9354 3337

www.carinyasociety.org.au

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